

Sexual
violence
can
affect

Anyone...

PAAR IS HERE TO HELP.

Pittsburgh Action Against Rape (PAAR) is the only organization in Allegheny County devoted solely to the issue of sexual violence. Founded in 1972, PAAR is one of the oldest rape crisis centers in the nation.

PAAR provides comprehensive services for victims and offers prevention programs to end sexual violence in our community.

Connect with PAAR

Pittsburgh Action Against Rape maintains an active presence and community online. Visit our website to learn more about PAAR, the services we provide, and upcoming events. Follow us on Facebook and Twitter for updates as they happen and to interact with us and our community of supporters.



paar.net



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81 South 19th Street
Pittsburgh, PA 15203

www.paar.net

P: 412.431.5665
F: 412.431.0913

24-HOUR CONFIDENTIAL HELPLINE
1-866-END-RAPE (1-866-363-7273)



NO MORE



RESPOND, EDUCATE & ADVOCATE
TO END SEXUAL VIOLENCE

www.paar.net



DROP-IN CENTER

Located in the city of Pittsburgh, Project Traffic Stop is a safe, secure place for victims.

No appointment needed.

Mondays – Thursdays 10 am to 6 pm

Fridays 12 pm to 4 pm

SERVICES FOR SURVIVORS

Children and adults can and DO recover from the trauma of sexual violence. PAAR offers comprehensive services to victims and their families.

- **Free, confidential helpline available 24/7** to help those in crisis, or those requesting information.
- **Emergency room support:** An in-person advocate will accompany victims and their families in area emergency rooms to provide support and information through the medical exam.
- **Legal advocacy and support through the legal process:** An in-person advocate will accompany victims and their families to police and court proceedings.
- **Adult Counseling:** Individual and group counseling is provided to adult male and female victims of sexual violence.
- **Child & Family Counseling:** Individual trauma-focused counseling is provided to children who have been sexually abused. PAAR also offers supportive counseling to family members.

PREVENTION

PAAR partners with communities to create a coordinated sexual violence and abuse prevention plan. Together PAAR and communities can create safe and healthy relationships for everyone.

PAAR offers a comprehensive range of education programs, including:

- Schools - elementary, middle and high schools
- Neighborhoods
- Colleges and universities
- Community organizations

Evidence based programs include:

- Coaching Boys Into Men
- Parents in the Know

Specialty trainings include:

- State approved Mandated Reporter Training
- Recognizing Victims of Trafficking or Identifying the Sexual Exploitation of Children and Youth
- Managing and Modeling Boundaries With Youth

PROJECT TRAFFIC STOP

For many, it may be surprising that **sex trafficking** — exploitation of people for the purpose of commercial sex—happens in Allegheny County. Yet it does. The victims are as young as 13, all genders, some are immigrants, but most are domestic youth.

PAAR provides intensive case management, life skill classes, trauma and group therapy to address the comprehensive needs of trafficked individuals. The overall goal is to help the victim break free from their trafficker, heal from abuse, become self-sufficient, and build a strong support system.

FACTS ON SEXUAL ABUSE

- Research indicates that as many as **1 out of 4 girls** and **1 out of 6 boys** will experience some form of sexual abuse **before the age of 18**.
- You are more likely to be assaulted by a friend, classmate, acquaintance, date, relative, neighbor or co-worker than by a stranger in a dark alley.
- A rape occurs every two minutes in America.
- Of the youth involved in sexual exploitation 70% to 90% have experienced past sexual abuse.
- While the majority of sex trafficking victims are female, men are also victims.

Support PAAR:

DONATE

Pittsburgh Action Against Rape is a 501(c)3 non-profit organization and relies on the generous support of our donors. To learn how contributions support our work, or to donate, visit paar.net or call 412-431-5665.

VOLUNTEER

PAAR has many volunteer opportunities for interested individuals. PAAR's trained volunteers assist victims on the hotline, in local emergency rooms and in court. There are also volunteer opportunities in PAAR's Prevention Department.

